

UPDATE BULLETIN

NOVEMBER 2023



Hand, Foot, Mouth Disease (HFMD) Outbreak

Recently, an increase in HFMD cases has been leaving many parents on high alert.

HFMD is a common illness affecting infants and children. It is caused by a virus. It is moderately contagious and is spread through the mucus, saliva and faeces of an infected person. It most often affects children under 10 years old. It is characterized by fever, sores or ulcers in the mouth, a rash with blisters on the palms of hands and soles of feet, and loss of appetite.

There is no specific treatment for HFMD, as it is a viral infection. Supportive care, such as pain relievers to reduce fever and alleviate sore throat and mouth pain, is usually recommended. It is also important to stay well-hydrated.

You can reduce the risk of you and your child getting infected with the viruses that cause HFMD by following a few simple steps:



Wash hands regularly and observe good general hygiene



Do not share eating utensils with an infected person



Clean and disinfect toys and appliances thoroughly if previously touched by someone with HFMD



Avoid exposure to nasal discharge, saliva, faeces or body fluids of an infected person



Keep toys, books, eating utensils, towels and clothes separate

HOW DO HDI PRODUCTS HELP?



Clover Honey

Due to the ulcers in the mouth, some children will refuse to eat and drink due to the loss of appetite. During this time, you need to make sure that your child is getting sufficient fluids and nutrients. HDI's Clover Honey will be the best choice to effectively improve your child's hydration, ease their ulcer pain and provide them with some nutrition.

Propoelix™

Having a stronger immune system will prevent one from contracting HFMD. By consuming HDI Propoelix™, you will have a higher level of resistance to viruses. If you or your child has already contracted HFMD, HDI Propoelix™ will drastically shorten your recovery time. with some nutrition.



Honeybee PollenS

HFMD will leave your child to be weak and lethargic. HDI's Honeybee PollenS, a specialty supplement for kids will help provide them with a much needed energy and vitamin boost.

UPDATE BULLETIN

2023年11月份



手足口症 (HFMD) 爆发

最近，手足口症病例的增加，导致许多父母处于高度戒备。

手足口症是影响婴儿和儿童的常见疾病。它是由病毒引起的。它具有中度传染性，通过感染者的粘液，唾液和粪便传播。它通常影响10岁以下的儿童。其特征是发烧，口腔溃疡/溃疡，手掌和脚底出现水泡的皮疹和食欲不振。

手足口病没有具体的治疗方法，因为它是一种病毒感染。通常建议采取支持治疗，例如使用止痛药来退烧、缓解喉咙痛和口腔疼痛。保持充足的水分也很重要。

你可以通过以下几个简单步骤来降低你和你孩子感染导致手足口症病毒的风险。



定期洗手，保持良好的一般卫生习惯



不要与感染者共用餐具



如果手足口症感染者接触过的玩具和器具，须彻底清洁和消毒



避免接触受感染者的鼻涕，唾液，粪便或体液



将玩具，书籍，餐具，毛巾和衣服分开存放

HDI产品有何益处？



苜蓿蜂蜜

由于口腔溃疡，一些孩子会因食欲不振而拒绝进食和饮水。在此期间，你需要确保你的孩子获得足够的液体和营养。HDI的苜蓿蜂蜜将是有效改善孩子的水份，缓解溃疡疼痛并为他们提供营养的最佳选择。

Propoelix™

拥有强健的免疫系统可预防感染手足口症。服食HDI Propoelix™，你将获得更高水平的抗病毒能力。如果你或你的孩子已经患有手足口症，HDI Propoelix™将大大缩短您的恢复时间。



蜂蜜花粉片

手足口症会让你的孩子变得虚弱和昏昏欲睡。HDI的蜂蜜花粉片是儿童的独特补品，可为他们提供急需的能量和维生素。

TESTIMONY | 见证



Relief from symptoms after consuming HDI products

Athar contracted the Singapore flu virus, also known as Hand, Foot and Mouth Disease from his school friend. Initially, it appeared as a common mouth ulcer, but after a few days, the ulcers multiplied. I panicked because Athar found it difficult to eat due to the painful condition of his mouth.

I have been familiar with and consuming HDI products since 2015, so I immediately gave him HDI Propoelix™ and HDI Naturals™ Clover Honey as often as possible, considering he couldn't eat properly with his mouth in that condition. After 3 days of consumption, thankfully, Athar's mouth ulcers reduced, and eventually, he completely recovered in a short period of time.

Thank you, HDI.

HDI产品帮助缓解症状

Athar从他的学校朋友那里感染了新加坡流感病毒，也称为手足口病。最初，它看起来像是普通的口腔溃疡，但几天后，溃疡开始增多。这导致我惊慌失措，因为Athar由于口腔疼痛而难以进食。

我从2015年便开始服食HDI产品，所以我都熟悉HDI的产品。由于Athar无法正常进食，于是我立即给他服食HDI Propoelix™和HDI Naturals™苜蓿蜂蜜。服用三天后，Athar的口腔溃疡减少了，在短时间内完全康复。

谢谢HDI。

Athar Mikaila
5 years old



TESTIMONY | 见证



Speedy recovery from Hand, Foot and Mouth Disease

For three days, Zhafran experienced a persistent high fever of around 39.21°C, and did not come down. After receiving treatment at the hospital, the doctor diagnosed him with the Singapore flu virus or known as Hand, Foot and Mouth Disease.

While in the hospital, Zhafran regularly consumed HDI products, Clover Honey, Royale Jelly Plus Liquid and primarily HDI Propoelix™. During his hospitalization, his appetite remained unaffected, his weight didn't decrease, and the healing process was faster compared to his hospital wardmate who was being treated for the same disease. Remarkably, Zhafran was discharged from the hospital after only three days, whereas our neighbor, who had the same condition, had to stay in the hospital for a week.

We are profoundly grateful that our family were introduced to HDI products. HDI has truly been instrumental in addressing our health concerns.

手足口病的迅速康复

Zhafran三天持续高烧，体温维持在39.21°C左右，丝毫没有退烧。在医院接受治疗时，医生诊断他患有新加坡流感病毒，也被称为手足口病。

住院期间，Zhafran 定时服用HDI产品，如苜蓿蜂蜜，液状蜂皇乳与最主要的 HDI Propoelix™。在治疗期间他的食欲并没有受到影响，体重也没有下降，而且与医院小室友相比，他的康复过程更快。Zhafran仅仅三天后就出院了，而我们的邻居，同样的病情，却需要住院一周。

非常感激我们和家人能够认识HDI的产品。HDI在解决我们的健康问题方面确实发挥了重要作用。

Zhafran Syahreza Antono
4 years old

