# **UPDATE BULLETIN** JANUARY 2024

# Malaysia Confronts a Resurgence in COVID-19 Cases

As the world grapples with the ongoing challenges posed by the COVID-19 pandemic, Malaysia is once again finding itself at the forefront of concerns with a resurgence in the number of cases. After initial success in managing the virus, the nation is now facing the complex task of navigating a renewed wave of infections. This article explores the factors contributing to the comeback of COVID-19 cases in Malaysia and the strategies being implemented to mitigate the impact.

#### The Surge in Cases

In recent weeks, Malaysia has experienced a noticeable uptick in COVID-19 cases, marking a setback from the progress made in controlling the virus earlier. The reasons behind this resurgence are multifaceted and include factors such as the emergence of new variants, lapses in public health measures, and challenges in achieving widespread vaccination coverage.

#### **New Variants and Their Impact**

The constant evolution of the virus has led to the emergence of new variants, some of which may exhibit increased transmissibility or vaccine resistance. Understanding and monitoring these variants is crucial in adapting public health strategies to effectively curb their spread. Malaysian health authorities are actively conducting genomic surveillance to identify and respond to any concerning variants.

#### **Vaccination Challenges**

Vaccination remains a key component in the fight against COVID-19, but achieving widespread coverage presents its own set of challenges. Vaccine hesitancy, supply chain issues, and logistical complexities can impede the rapid distribution and administration of vaccines. Malaysia is working to address these challenges by ramping up vaccination campaigns, improving accessibility, and providing accurate information to combat vaccine hesitancy.

#### Conclusions

The resurgence of COVID-19 cases in Malaysia underscores the ongoing challenges in managing the pandemic. Addressing the factors contributing to this comeback requires a comprehensive and adaptable approach. By enhancing public health measures, monitoring and responding to new variants, accelerating vaccination efforts, and fostering international cooperation, Malaysia aims to navigate this resurgence and move closer to a sustainable recovery. As the situation evolves, staying vigilant and learning from the experiences of the past will be crucial in overcoming the challenges posed by the ongoing pandemic.

#### **HOW DO HDI PRODUCTS HELP?**

Enhance your immune defense with supplements like **HDI Propoelix<sup>™</sup>**, designed to support overall body immunity. **HDI Propoelix<sup>™</sup>** is a super-extraction of propolis achieved through a unique process called Continuous Multi-Stage Countercurrent Extraction (CMCE) technology. Sourced from propolis found in various regions globally, known for their efficacy and easy absorption, **HDI Propoelix<sup>™</sup>** contains eight bioactive compounds: CAPE (Caffeic Acid Phenethyl Ester), Galangin, Chrysin, Pinocembrin, Naringenin, Cinnamic acid, Apigenin, and Rutin.

With these advantageous properties, **HDI Propoelix<sup>™</sup>** serves as an effective immunomodulator, antiviral, antibacterial, anti-inflammatory, antioxidant, anticancer, antidiabetic, and antifungal agent. It is beneficial for both prevention and curative purposes against various diseases.

**HDI Naturals™ Clover Honey** contains bee pollen, which is rich in nutrients and possesses high antioxidant properties, providing a great source of energy. Notably, it serves as a healthy sugar substitute for diabetic patients. This product has undergone testing at the Sydney University Glycemic Index Research Service (SUGIRS) facility and has been certified to have a low glycemic index (GI-53) and insulin index (II-49).

Diets with a low glycemic index can play a crucial role in reducing the risk of various diseases, including heart disease and certain cancers. Additionally, they contribute to improved blood glucose control and insulin sensitivity in individuals with diabetes, help lower high blood fat levels, and can be beneficial for weight control.





# UPDATE BULLETIN 2024年1月份

# 马来西亚再次面临新冠病例激增的挑战

随着全球继续应对新冠大流行带来的挑战,马来西亚再次成为关注焦点,因病例数量再度激增。 在成功管理病毒初期之后,该国现在正面临着应对新一轮感染潮的复杂任务。本文探讨了导致马 来西亚新冠病例回升的因素以及正在实施的策略,以减轻其影响。

#### 病例激增

近几周, 马来西亚新冠病例出现明显增加, 标志着此前在控制病毒方面取得的进展出现了倒退。 导致这一回升的原因复杂多样, 包括新变种的出现、公共卫生措施的疏漏以及普及疫苗覆盖面存在 的挑战。

#### 新变种及其影响

病毒不断演变导致新变种的出现,其中一些可能具有更强的传播性或对疫苗产生抗性。了解和监测这些变种对于调整公共卫生战略以有效遏制其传播至关重要。马来西亚卫生当局正在积极进行 基因组监测,以识别和应对任何令人担忧的变种。

#### 疫苗接种挑战

疫苗仍然是抗击新冠的关键组成部分,但实现广泛接种面临一系列挑战。疫苗犹豫、供应链问题 和后勤复杂性可能妨碍疫苗的迅速分发和接种。马来西亚正在努力解决这些挑战,通过加强疫苗 接种运动、改善可及性并提供准确信息以应对疫苗犹豫。

#### 结论

马来西亚新冠病例的回升凸显了管理大流行的持续挑战。解决导致此回升的因素需要综合而灵活的方法。通过加强公共卫生措施、监测和应对新变种、加速疫苗接种工作以及促进国际合作,马来西亚旨在应对这一复苏,朝着可持续复苏迈进。随着情况的发展,保持警惕并从过去的经验中 吸取教训将是克服当前大流行带来挑战的关键。

## HDI产品有何益处?

通过服用 HDI Propoelix™ 有助于维持身体免疫力的保养品来完善您的免疫防御。HDI Propoelix™ 是特级蜂胶精华,采用了独特的提取技术 - 持续多重逆流提取技术 Continuous Multi-Stage Counter current Extraction (CMCE) technology。 HDI Propoelix™源自世界各地有效且容易被人体吸收的蜂胶组合,富含8种生物活性成分: CAPE(Caffeic Acid Phenethyl Ester-咖啡酸苯乙酯)、柚皮素、白杨素、高良姜素、咖啡酸、皮诺霉素,芹菜素和芦丁。它们具有抗菌、抗炎、抗氧化、抗癌、抗糖尿病、抗病毒和抗真菌特性。

Toppelix Toppelix

凭借这些健康有益的特性, HDI Propoelix™ 可作为免疫调节剂, 能够有效预防和治疗各种疾病。

HDI Naturals™ 苜蓿蜂蜜富含蜂花粉和高抗氧化特性,为您提供重要的能量 来源。不仅如此,它还是糖尿病患者的健康糖替代品。它已通过悉尼大学 血糖指数研究中心(SUGIRS)的测试,被证实具有低血糖 指数 (GI-53) 和胰岛 素指数 (II-49)。低血糖指数饮食可以降低一些疾病的风险例如心脏病和某些 癌症,改善糖尿病患者的血糖控制和胰岛素敏感性,降低高血脂水平, 并可控制体





### A Personal Covid-19 Recovery Journey with HDI Propoelix™

I have been an emergency room nurse for 14 years. In May 2020, I experienced persistent fever, vomiting, and loss of appetite despite medication and treatments. Weak and needing IV treatment for diarrhea, I underwent a Rapid test and chest X-ray, which showed negative results but revealed pneumonia, leading to a PDP status for Covid-19.

My doctor prescribed HDI Propoelix<sup>™</sup>, and I took 3 capsules daily. Remarkably, by the third day, my appetite returned and all the symptoms disappeared. Throughout the recovery period, I continued taking HDI Propoelix<sup>™</sup>, experiencing a daily boost in stamina and feeling refreshed. To my amazement, the vertigo issue that has made my life difficult all this while has disappeared, allowing me to resume normal activities.

# 我与HDI Propoelix™的新冠康复之旅

我是一名拥有14年经验的急诊室护士。在2020年5月,我发烧了,于是我服药并接受治疗,但都没有康复,而且有呕吐和没有食欲。我变得虚弱,并进行了腹泻的静脉注射治疗。作为患者,我需要进行快速检查和胸部X光检查,结果是阴性,但是X光检查显示出肺炎,后来便成为新冠肺炎的PDP患者。

我的医生给了我HDI Propoelix™,让我我每天服用3粒。第三天,我的胃口很好,所有症状都消失了。在这段恢复期间,我继续服用 HDI Propoelix™,因为它让我每天都精神焕发,充满活力。 令我惊讶的是,一直困扰我生活的眩晕问题竟然消失了,让我能够恢复正常活动。



At the request of the testimonial provider, the name will remain confidential.



## Symptoms of Covid-19 Disappeared

During Ramadan, I fell ill with symptoms like cough, dizziness, fever, and a sore throat after visiting the market for my online food business. Despite two days of prescribed cold medication, I lost my sense of smell. A week later, my cough returned, and my sister experienced similar symptoms. Suspecting Covid-19, we sought our regular doctor's advice, leading to family self-quarantine. We have been advised to consume HDI Propoelix<sup>™</sup> and Pollenergy 520. Two days later, we observed significant improvement, our sense of smell and appetite returned, symptoms disappeared, our family are fully recovered.

# 我的新冠症状完全消失了

在斋戒月期间, 我去市场购买网上食品生意的必需品后我就开始咳嗽、头晕、发烧和喉咙痛。 两天后, 我去看医生, 他给我开了一些感冒药, 服用了两天后, 我失去了嗅觉, 我以为这是感 冒的症状。这持续了一个星期后我的咳嗽又回来了, 但这次我妹妹开始有类似的症状。于是我 们赶快去找我们平常看的医生, 他告诉我们, 我们可能得了新冠病。因此, 我全家必须在家里 自我隔离。我们的医生还建议我们服用HDI Propoelix™和 520活力花粉。两天后, 我们恢复了嗅 觉和食欲, 所有的症状都消失了, 我们完全康复了!



Dina Rosyda 25 years old