



HDI CLOVER HONEY IS OFFICIALLY A LOW GI FOOD, SAFE FOR DIABETICS



HDI Clover Honey with Bee Pollen is Number 1 Best Selling Honey Product in South East Asia for the year 2020

HDI Clover Honey with Bee Pollen can be consumed by all ages, for those who need health benefits in one spoon, without any worry about various side effects. HDI Clover Honey with Bee Pollen, is made from pure honey with a unique and delicious taste, which can also provide millions of benefits for your health.

When consuming honey, we tend to worry whether it is safe or not, because of its very sweet taste. For example, is it safe for diabetics? Or can it cause obesity and diabetes?

HDI Clover Honey with Bee Pollen has officially received scientific validation that it has a low reading in Glycemic Index (GI), making it safe for diabetics.

HDI Clover Honey with Bee Pollen is a household name in this part of the world for many decades, and it provides families with good nutrition and a healthy source of energy.

The use of honey as an internal and external health agent is much older than the history of medicine itself. This study was conducted in Sydney University's Glycemic Index Research Service (SUGiRS). The University of Sydney has been at the forefront of glycemic index research for over a decade and has determined GI values for more than 3500 foods. GI is a measure in which food products are ranked between 0-100 according to their impact on the blood sugar levels. The lower the GI, the more time does it take to digest and absorb the glucose, the higher the GI, the faster it digests and thus spikes up the blood sugar levels, causing diabetes.

Results from large-scale epidemiological studies have shown that the long term consumption of a diet with a high glycemic impact, which induces high and recurrent surges in blood glucose and insulin levels, increases the risk of developing diabetes, heart disease and certain cancers. In contrast, results from both epidemiological and experimental studies show that low-GI diets can reduce the risk of these diseases, improve blood glucose control and insulin sensitivity in people with diabetes, reduce high blood fat levels, and can be useful for weight control.

HDI Clover Honey with Bee Pollen has been tested with low GI (53) using approved methodology based on the international standards for testing, which places this product within the low GI category. The HDI Clover Honey with Bee Pollen sample produced a Insulin Index value that was directly proportional to its corresponding GI value.

We have many loyal customers with diabetics who enjoyed the health benefits of HDI Clover Honey with Bee Pollen and do not need to worry about a spike in their blood sugar levels.

HDI Clover Honey with Bee Pollen is pleased to have received the international low-GI status for honey from the University of Sydney. With this validation, we expect to expand our sales internationally and contribute to the well-being of families.



HDI苜蓿蜂蜜被证实属于低血糖指数食品，糖尿病患者可安全食用



拥有蜂花粉的HDI苜蓿蜂蜜被誉为 2020年度东南亚最畅销的蜂蜜产品之一

HDI苜蓿蜂蜜可被任何年龄的人士食用，在注重保健的同时不需顾虑到副作用。HDI苜蓿蜂蜜是天然纯蜂蜜，它拥有独特的味道而且美味可口，让您充分得到各种不同的益处。

一般人服食蜂蜜时，往往会因为它的甜度而担心是否安全。举例来说，糖尿病患者是否安全食用？或者担心是否会导致肥胖和糖尿病？

拥有蜂花粉的HDI苜蓿蜂蜜正式获得科学验证，它的血糖指数("Glycemic Index")中读数较低，对于糖尿病患者来说是安全的食物。

拥有蜂花粉的HDI苜蓿蜂蜜是一个在世界各地几十年家喻户晓的名字，为许多家庭提供了良好的营养，也是我们身体所需的健康能量来源。

使用蜂蜜作为内外保健的历史比医学本身的历史还要古老得多。HDI苜蓿蜂蜜的研究是在悉尼大学血糖指数研究服务处(SUGiRS)进行的。十多年来，悉尼大学在血糖指数研究领域一直处于领先地位，并确定了超过3500种食物的GI值。GI是一种衡量食品对血糖水平的影响在0-100之间排名的指标。GI越低，消化和吸收葡萄糖的时间越久，GI越高，消化速度越快，从而使血糖水平快速升高，导致糖尿病。

大规模流行病学研究的结果证明，长期服食有GI高血糖影响的饮食会导致血糖和胰岛素水平高和反复激增，增加患糖尿病、心脏病和某些癌症的风险。相反的病学和实验研究的结果证明，低GI饮食可以降低这些疾病的风险，改善糖尿病患者的血糖控制和胰岛素敏感性，降低高血脂水平，并可控制体重。

根据国际标准的测试及被批准的方法，HDI苜蓿蜂蜜被证实拥有低血糖指数-GI(53)，被归类为低血糖指数(GI)产品。HDI苜蓿蜂蜜产生的胰岛素指数值("Insulin Index")也与GI值成正比。

我们有许多忠实的糖尿病患者客户，他们在享受着HDI苜蓿蜂蜜的健康益处时，无需担心血糖水平会激增。

我们感到高兴自豪的是HDI苜蓿蜂蜜能从悉尼大学获得国际低血糖指数(GI)蜂蜜的证实。通过这项验证，我们期望更多家庭能放心享用美味的HDI苜蓿蜂蜜。

TESTIMONY | 见证

Stomach Ulcer

I have been suffering from stomach pain, nausea, diarrhea and vomits for a year. After undergoing a medical examination, I was diagnosed with having stomach ulcer. I was also hospitalized 8 times within a year due to abdominal pain. The medication prescribed helped reduce the pain but it will reoccur once I stopped taking them. I was recommended to take HDI Clover Honey, after just 3 months all the symptoms gradually disappeared. After that, I stopped taking the medication, I have regained my appetite and I was able to resume my daily activities without any pain. Thank you HDI.

胃溃疡

我经常胃痛，恶心，腹泻和呕吐而且已持续一年了。经过体检，我被诊断为胃溃疡。由于腹痛，我在一年内住院八次。医生开给我的药有助于减轻疼痛，但一旦我停止服用，就会复发。我被推荐服食HDI苜蓿蜂蜜，仅仅三个月后所有的症状逐渐消失。之后我就停止服药，然后我便恢复了食欲和我的日常活动，疼痛不再复发了。谢谢HDI。

Siti Fatonah
57 years old



TESTIMONY | 见证

Fatty Liver

An ultrasound examination showed that I was suffering from fatty liver. Doctor advised me to make dietary changes, avoid fat laden food and to start exercising regularly. My friend recommended me to try HDI Trimee and HDI Clover Honey. After consuming the products for 2 weeks, the test results showed there was a significant reduction of fat at my liver. I continued taking the products, and the following month I underwent a liver biopsy. I was so happy when I found out that I no longer had fatty liver!

脂肪肝

经超声波检查后我被诊断出患有脂肪肝。医生建议我改变饮食，避免食用高脂肪的食物，并开始经常运动。朋友推荐我服食HDI苜蓿蜂蜜和纤美。食用产品两周后，测试结果显示我的肝脏脂肪明显减少。我继续服用HDI苜蓿蜂蜜和纤美。在第二个月，进行了肝活检，显示我不再患有脂肪肝！

Shara Afriyanti
26 years old



JAN & FEB NEW YEAR PROMOTION

1月和2月新年促销



Purchase 300BP (84BV) in a single a receipt will get 250g Clover Honey

凡以单张收据购买300BP (84BV) 将得到一罐250g苜蓿蜂蜜

Terms & conditions

- All purchases must be in a single receipt
- Purchase is entitled to 10% voucher
- 10% voucher cannot be used on this promotion
- Purchase of multiple sets are allowed
- Promotion period is from 1st Jan to 28th Feb 2021
- Purchases under this New Year Promotion will not be entitled to EASI Starter and BSKIN Glow On free gifts
- No BV for free item(s)
- This is not considered as EASI Starter for new Enterprisers

条规

- 所有购买必须以单张收据为凭
- 此购买可获得10% 折扣券
- 此促销不能使用10% 折扣券
- 不限制购买配套数量
- 促销期为2021年1月1日至2月28日
- EASI Starter和BSKIN Glow On促销不包括在此新年促销内 (因为已各获得免费产品)
- 免费产品无BV
- 此购买不能当作新营销商购买的EASI Starter创业配套

HDI Network (S) Pte Ltd



Blk 211 Henderson Road #08-03
Henderson Industrial Park, Singapore 159552
Tel: +65 6273 9277 | Whatsapp: +65 8424 4676
Email: info.sg@bskin.com
<https://sg.hdi.com>

GLOW ON PROMO

1 JAN - 30 JUNE 2021

BSKIN™
SMART SKIN SCIENCE

Purchase minimum **252 BV/900 BP** of BSKIN products
购买至少 **252 BV/900 BP** BSKIN产品



FREE Eye Care Multi-Tasking Power Serum
免费多效亮眼精华

Purchase minimum **168 BV/600 BP** of BSKIN products
购买至少 **168 BV/600 BP** BSKIN产品



FREE Liquid Royale Jelly
免费液状蜂皇乳

Purchase minimum **84 BV/300 BP** of BSKIN products
购买至少 **84 BV/300 BP** BSKIN产品



FREE Anti-Acne 3C Spot Treatment 15g
免费3C抗痘护理霜15g

*Terms & conditions apply *附带条件

HDI Network (S) Pte Ltd

BSKIN CUSTOMER CARE

Blk 211 Henderson Road #08-03

Henderson Industrial Park, Singapore 159552

Tel: +65 6273 9277 | Whatsapp: +65 8424 4676

www.bskin.com | customercare_sg@bskin.com



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